



A Companion to
Doctrine and Covenants 2025 Come, Follow Me—For Home and Church
Activities and Learning Ideas for Youth

Thank you for purchasing our Youth Sunday School lesson packet! When preparing these packets we follow the lesson outline in the *Doctrine and Covenants 2025 Come, Follow Me—For Home and Church*. We will never vary from the doctrine taught in the lesson outline. It is important that you always read through the lesson and all of the suggested scriptures. Then read through the helps we have provided and pray about which activities will be the most beneficial to your class. As always follow the guidance of the Spirit. We have designed our activities to help facilitate a lesson full of thought and discussion. In your preparation be sure to leave time for the youth to share ideas, questions, and experiences!



This packet follows the same outline as the manual under the section designed for the youth which has a blue book symbol next to it. Included in this packet are PDFs and JPG files for each printable. The JPGs contain the INDIVIDUAL IMAGES. These are perfect if you'd like to send them in an email, text, or social media post. All JPGs can be found in the link below. All PDFs can be found after the instruction pages below.



Click on the link above or scan this QR code to go to: *Doctrine & Covenants 2025 Come, Follow Me—For Home and Church*



Click the link to download all the files in this packet as JPGs. The JPGs are a great option if you'd like to send an activity to your youth if they aren't able to attend class. The JPGs will be individual files, instead of all in one like this PDF.

This link is a ZIP file, so be sure to open it on a computer. To open a ZIP file: Click on the link below and find the download (many times these go straight to your "downloads" folder.) If you're on a PC, right click on the file name and select "Extract". If you're on a Mac, double click on the file name.



PRINTING INSTRUCTIONS:

All of our files are on 8.5x11" pages for easy printing. You can print from home or send to a print shop. We suggest opening your PDFs in Adobe Reader and printing from there. It seems to solve many printing issues. Please make sure you have the most updated version. (It is a free download online.) Please use the JPG files included in your download if you have printing issues.

Printing Troubleshoot:

Q. It's only printing part of the image.

A. In your print box, check the box that says "fit" or "fit on page."

Q. I'm getting an "error" message when trying to print from Adobe Reader.

A. In the print screen, click on the "advanced" button and select "print as image." Or try printing from the JPG copy in your file.

Q. It's printing a black or white box behind an image.

A. If this is happening on your printer, then please use the JPG copy in your file. PDFs do weird things sometimes!

ALLOWED:

You are allowed to print as many times as you need to for personal or church use only. Please save your files to your computer once you have downloaded them.

NOT ALLOWED:

Please do not share passwords to your account to others.

Do not share digital or physical files (We appreciate your honesty.) You are allowed to email individual JPG files if a child was absent from class and you'd like to send them an activity.

You are not allowed to post our products or any form of our products online with the intent of giving it away or selling it. No commercial use is allowed. (All of our products are copyrighted.)

You are not allowed to alter our products in any way without prior written permission.

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2025 Youth Sunday School

Joseph Smith—History 1:1–26

January 13–19: “I Saw a Pillar of Light”

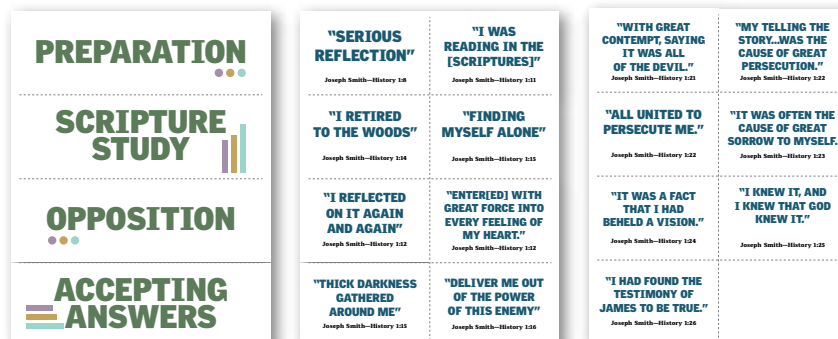
This packet focuses on the section for youth: “How can I receive answers to my prayers?”

PATTERNS OF PERSONAL REVELATION - SCRIPTURE SORTING

Joseph Smith—History 1:5–25

Put the different section headers on the board. Hand out the scripture verse cards so each member of your class has one. Invite them to find and read their verses. After you’ve given them time to do so, go around the room and have them each share their verse (read aloud or summarized) and then share which section on the board they feel it fits into. There are some verses that overlap and fit into more than one section or category and that’s okay! The point of this activity is to get everyone familiar with the scriptures and thinking about their meaning. If someone has already shared a summary of a scripture verse or read it out loud and another class member has the same scripture, you can ask if they have anything else to add or just move on to ask them which category it fits in.

After everyone has shared and put their cards in the sections on the board, ask the class to think about a time they prayed because they “lacked wisdom” or needed to make a decision. Invite them to quietly look over the board and think about the time(s) they prayed. Ask, “Did any of these things happen as you sought an answer to your prayer?” Give them time to think and then invite them to share if they would like to.



RECOGNIZING PROMPTINGS OF THE SPIRIT - PAIR SHARE & HANDOUT

Preach My Gospel: A Guide to Missionary Service

This handout can be useful for years to come if the youth hang on to it! Invite them to look over their lists for a few quiet minutes. Next, ask them to choose one or two of the ways we can feel the Spirit, then turn to a neighbor and share their experiences.

After you’ve given the youth time to share with a partner, consider sharing your own experience(s) with recognizing promptings from the Spirit. Share your testimony with your class. This handout can be taken home or put inside scripture journals.



“THE FIRST VISION: A PATTERN FOR PERSONAL REVELATION”

Henry B. Eyring, February 2020 Ensign

Prayerfully decide what your class members would benefit from hearing from this article and be ready to share at the end of the activity. If your class members don't bring phones with them to class, be sure to print copies of the article to for them to use. Introduce your class to President Eyring's article, *“The First Vision: A Pattern for Personal Revelation”* (February 2020 Ensign). You can do this by reading or summarizing the first few paragraphs. Next, separate your class into 5 groups. Give each group a section of President Eyring's article to review and discuss together.

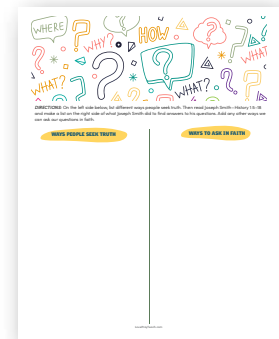
After you've given the groups time to read and take notes, have each group take a turn presenting what they learned to the rest of the class. Finish by sharing anything else that stood out to you from President Eyring's article. Share your testimony of Jesus Christ and the importance of personal revelation.



SEEKING TRUTH - SCRIPTURE ACTIVITY SHEET

Joseph Smith—History 1:5-18

Invite the youth to work individually or in small groups. Invite them to use the activity sheet to make a list of ways people generally seek truth (like newspapers, books, the internet, friends, etc.). Next they can learn from the scriptures and make a list of ways to ask in faith based on Joseph Smith's recorded history.



THE FIRST VISION - SCRIPTURE JOURNAL PROMPT

Joseph Smith—History 1:1-26

Use the prompt to do one of the following:

- 1 - Give your youth time to work individually and record their thoughts in their scripture journals.
- 2 - Have your class work in pairs or small groups, using the prompt as a guide.
- 3 - Read the assignment on the prompt and discuss the question as a class.

If you gave the class time to write in their journals or work in small groups, consider leaving time for them to share their thoughts and/or experiences with the whole class.



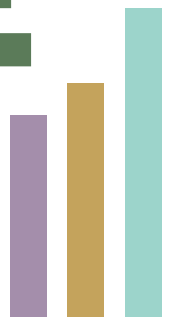
Related Resources:

- ***“Getting Answers from the Lord,”*** June 2021 For the Strength of Youth
- ***“The Faith to Ask and Then to Act,”*** Henry B. Eyring, October 2021 General Conference
- ***“Three Lessons from Joseph Smith’s Teenage Years,”*** Matthew C. Godfrey of the Church History Department, September 2023 For the Strength of Youth
- ***“Learning to Recognize Answers to Prayer,”*** Richard G. Scott, October 1989 General Conference
- ***“‘Hear Him’ Video Collection,”*** ChurchofJesusChrist.org
- ***“A Framework for Personal Revelation,”*** Dale G. Renlund, October 2022 General Conference

PREPARATION



SCRIPTURE STUDY



OPPOSITION



ACCEPTING ANSWERS



**"SERIOUS
REFLECTION"**

Joseph Smith—History 1:8

**"I WAS
READING IN THE
[SCRIPTURES]"**

Joseph Smith—History 1:11

**"I RETIRED
TO THE WOODS"**

Joseph Smith—History 1:14

**"FINDING
MYSELF ALONE"**

Joseph Smith—History 1:15

**"I REFLECTED
ON IT AGAIN
AND AGAIN"**

Joseph Smith—History 1:12

**"ENTER[ED] WITH
GREAT FORCE INTO
EVERY FEELING OF
MY HEART."**

Joseph Smith—History 1:12

**"THICK DARKNESS
GATHERED
AROUND ME"**

Joseph Smith—History 1:15

**"DELIVER ME OUT
OF THE POWER
OF THIS ENEMY"**

Joseph Smith—History 1:16

**"WITH GREAT
CONTEMPT, SAYING
IT WAS ALL
OF THE DEVIL."**

Joseph Smith—History 1:21

**"MY TELLING THE
STORY...WAS THE
CAUSE OF GREAT
PERSECUTION."**

Joseph Smith—History 1:22

**"ALL UNITED TO
PERSECUTE ME."**

Joseph Smith—History 1:22

**"IT WAS OFTEN THE
CAUSE OF GREAT
SORROW TO MYSELF."**

Joseph Smith—History 1:23

**"IT WAS A FACT
THAT I HAD
BEHELD A VISION."**

Joseph Smith—History 1:24

**"I KNEW IT, AND
I KNEW THAT GOD
KNEW IT."**

Joseph Smith—History 1:25

**"I HAD FOUND THE
TESTIMONY OF
JAMES TO BE TRUE."**

Joseph Smith—History 1:26

Learn to RECOGNIZE THE PROMPTINGS of the Spirit

see Chapter 4, *Preach My Gospel: A Guide to Missionary Service*

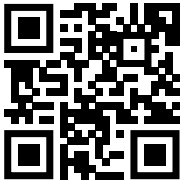
01		Gives feelings of love, joy, peace, patience, meekness, gentleness, faith, and hope. Doc. and Cov. 6:23; 11:12–14; Rom. 15:13; Galatians 5:22–23
02		Gives ideas in the mind, feelings in the heart. Doctrine and Covenants 8:2–3
03		Occupies the mind and presses on the feelings. Doctrine and Covenants 128:1
04		Helps scriptures have strong effect. Joseph Smith—History 1:11–12
05		Gives good feelings to teach if something is true. Doctrine and Covenants 9:8–9
06		Enlightens the mind. Alma 32:28; Doctrine and Covenants 6:14–15; 1 Corinthians 2:9–11
07		Replaces darkness with light. Alma 19:6
08		Strengthens the desire to avoid evil and obey the commandments. Mosiah 5:2–5
09		Teaches truth and brings it to remembrance. John 14:26
10		Gives feelings of peace and comfort. John 14:27

11		Guides to truth and shows things to come. John 16:13
12		Reveals truth. Moroni 10:5
13		Guides and protects from deception. Doctrine and Covenants 45:57
14		Glorifies and bears record of God the Father and Jesus Christ. 2 Nephi 31:18; Doc. and Cov. 20:27; John 16:14
15		Guides the words of humble teachers. Doc. and Cov. 42:16; 84:85; 100:5–8; Luke 12:11–12
16		Recognizes and corrects sin. John 16:8
17		Gives gifts of the Spirit. Moroni 10:8–17; Doc. and Cov. 46:8–26; 1 Corinthians 12
18		Helps to perceive or discern the thoughts of others. Alma 10:17; 12:3; 18:16, 20, 32, 35; Doctrine and Covenants 63:41
19		Tells what to pray for. Doctrine and Covenants 46:30; 50:29–30
20		Tells what to do. 2 Nephi 32:1–5; Doctrine and Covenants 28:15

21		Helps the righteous speak with power and authority. 1 Nephi 10:22; Alma 18:35
22		Testifies of the truth. Doctrine and Covenants 21:9; 100:8; John 15:26
23		Sanctifies and brings remission of sins. 2 Nephi 31:17; Alma 13:12; 3 Nephi 27:20
24		Carries truth to the heart of the listener. 1 Nephi 2:16–17; 2 Nephi 33:1; Alma 24:8
25		Enhances skills and abilities. 1 Nephi 1:1–3; Exodus 31:3–5
26		Constrains (impels forward) or restrains (holds back). 1 Nephi 7:15; 2 Nephi 28:1; 32:7; Alma 14:11; Mormon 3:16; Ether 12:2
27		Edifies both teacher and students. Doctrine and Covenants 50:13–22
28		Gives comfort. Doctrine and Covenants 88:3; John 14:26

“The voice of the Spirit is described in the scripture as being neither ‘loud’ nor ‘harsh,’ ... But rather, ‘a still voice of perfect mildness, as if it had been a whisper.’

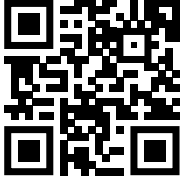
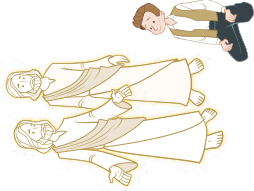
–Boyd K. Packer



**The First Vision:
A Pattern for Personal Revelation**
By President Henry B. Eyring
February 2020 Ensign

DIRECTIONS: Read your assigned section of President Eyring’s article with your group. Take a few notes of main points you want to share with the rest of the class as you summarize your section. Choose a quote (one main point) to read to the class.

“Preparing Ourselves for Revelation”

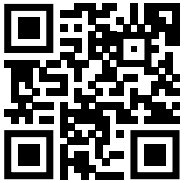


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“Satan Opposes Revelation”

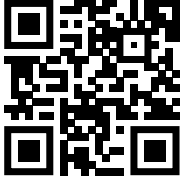
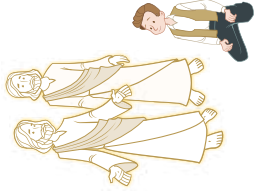




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“The Heavens Are Open”

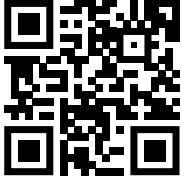


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“A Broken Heart Is a Prepared Heart”



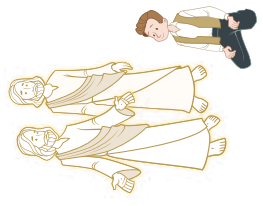


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“Revelation Blesses Our Posterity”





DIRECTIONS: On the left side below, list different ways people seek truth. Then read Joseph Smith—History 1:5–18 and make a list on the right side of what Joseph Smith did to find answers to his questions. Add any other ways we can ask our questions in faith.

WAYS PEOPLE SEEK TRUTH

WAYS TO ASK IN FAITH



The First Vision

Read the words of "Joseph Smith's First Prayer" (Hymns, no. 26) and record your feelings about the First Vision. Have you prayed and asked

to know for yourself that Joseph Smith really saw God the Father and Jesus Christ in the Sacred Grove? Record how you came to that knowledge. If you haven't, take time now to make a plan to ask Heavenly Father this question.



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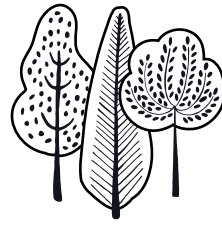
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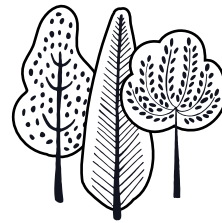
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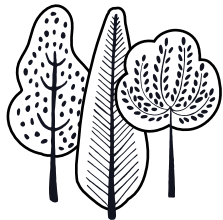
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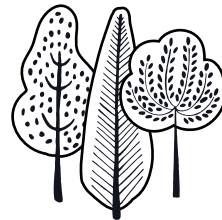
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